

Reviewing your medicines



The practice is running a new service to help you with your medicines - this is called a medication review.

A medication review is a chance to check that your medicines are the best ones for you.

What will happen at the review?

- You will have a face-to-face appointment or telephone call with the practice pharmacist or GP.
- They will check your medicines are working - and not causing side effects.
- It is also a chance for you to tell us how you are getting on with your medicines - and to ask questions and find out more about them.

What happens next?

We will contact you to make an appointment to speak with the practice pharmacist or the GP at the practice or over the telephone.

- The pharmacist or GP will explain what your medicines are for.
- They will check if any changes to your medicines are needed.
- There will also be a chance to have your questions answered.

If someone helps you with your medicines, it may be helpful for them to be with you when you speak to the practice pharmacist.

Why are we doing this?

We are doing this to make sure that your medicines are the right ones for you.

- The purpose of the review is not to save money.
- Also it is not to check if you are taking your medicines.

No medicines will be altered without agreement between you and the pharmacist or GP.

On the other side there are some questions you might want to ask about your medicines at the appointment.



Questions to think about before the appointment that you may wish to ask

Why am I taking these medicines?

How do I know they are helping me?

Do I still need all my medicines?

Why do I have to take so many pills?

What side effects do they cause?

It is difficult for me to open the containers - can you help with this?

It is difficult to remember to take my medicines - can you help with this?

It is difficult to swallow my medicines - can you help with this?

I run out my medicines at different times - can you make this the same time for all of them?

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