

Breast Cancer: Screening Matters

EARLY DETECTION SAVES LIVES

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HOW IT STARTED

I found out I had breast cancer after a normal screening. I didn't have any symptoms and the lump was deep, so I wouldn't have felt it by myself. The screening was a bit uncomfortable, but it was quickly.

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THE DIAGNOSIS

When I was called back for more tests, I knew something was wrong. The biopsy showed it was cancer, and I had more than one lump. It was a shock, but I quickly chose to have my breast removed. I just wanted the cancer gone.

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TREATMENT

I had surgery, chemotherapy, radiotherapy, and injections. It was tough, and I lost my hair. But with support from my family, friends, and medical team, I got through it.

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THE OUTCOME

Nearly ten years on, I'm grateful to still be cancer-free. I had to give up my job during treatment, and there were difficult moments, but I found strength I didn't know I had. My family kept me going, and I focused on being there for them.

05



WHAT I LEARNED

Screening saved my life. If I hadn't gone, I might not be here today to see my children grow up and meet my grandchildren. My advice to women is: don't be scared of screening, you can get through it.



GENERAL
PRACTICE
ALLIANCE