

# Prostate Cancer: Screening Matters

EARLY DETECTION SAVES LIVES

01



## HOW IT STARTED

I had a PSA blood test, which checks for a protein linked to the prostate. High levels can be caused by things like an infection or be a sign of cancer. Because my levels kept going up, my doctor sent me for a scan and a biopsy.

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## THE DIAGNOSIS

My wife and I went to get the results together, where the urologist told me I had prostate cancer. I was stunned, I had been feeling absolutely fine.

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## TREATMENT

Luckily, my cancer is low-grade, which means I don't need treatment right now. Instead, we are watching and waiting, which means regular check-ups to keep an eye on things.

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## THE OUTCOME

I go for check-ups every six months. My urology nurse and I have become great friends through the process.

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## WHAT I LEARNED

Always ask for a blood test if you're worried. Being told you have something doesn't always mean you'll need treatment - sometimes it's just about keeping an eye on your health.



GENERAL  
PRACTICE  
ALLIANCE