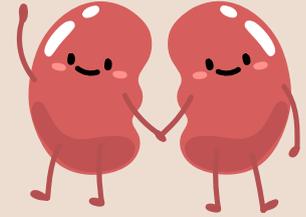


# CKD Newsletter

February 2025



## MDT: Quick Top Tips

### How many patients can be discussed?

Usually plenty—our first MDT covered 9 patients with time to spare.

### No case to bring?

Still join! Great for CPD and learning from others.

Use practice reports to spot patients who may benefit from MDT input.

### What to look for in reports?

- Finerenone: For CKD + diabetes; needs specialist recommendation.
- Lokelma: Helpful when hyperkalaemia blocks ACEi/ARB titration or finerenone use; also specialist-initiated.

### Need a link to join?

Ask your practice/PCN or email:

[✉ philippa.jones10@nhs.net](mailto:philippa.jones10@nhs.net)



## MY KIDNEYS & ME

### My Kidneys & Me (MK&M): Progress Update

#### Patient Launch Events

All CKD patients will be invited to one of 5 launch events:

- 1 Online
- 4 In Person: Broadmead Church, Vernon Terrace Community Centre, Moulton Community Centre, Wootton Community Centre

#### Practices will be notified when invitations are sent.

Please ensure this is cascaded to relevant teams to manage any patient queries.

#### Staff Events

Three staff launch sessions have taken place.

#### Missed them?

Contact [philippa.jones10@nhs.net](mailto:philippa.jones10@nhs.net) for a recording.

## Baseline CKD Screening Data

Several high risk groups should be screened for CKD, which means all at risk patients should have an eGFR AND a uACR. One of these groups is patients with hypertension, this publicly available data from CVD prevent shows the baseline of all 10 practices in September '25.

Patients with GP recorded hypertension, with a record of a urine ACR test in the preceding 12 months  
(Source: CVD Prevent. Sept 2025)



Is your practice where you thought it was? Zoe is meeting with practices to support with embedding uACR into existing screening processes and sharing top tips across the PCNs. **If you haven't had a visit and would like to book this in please email:**  
[zoe.webb5@nhs.net](mailto:zoe.webb5@nhs.net)

Questions or Comments & to access training and resources, please get in touch:

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## CKD Resources Website

[WEBLINK HERE](#)